PPO 500/Rx

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-962-2242. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www healthcare gov/sbc-glossary or call 1-888-428-2566 to request a copy

Olossary at www.near	tricare.gov/spc-giossary or call 1-666-426-2566	o to request a copy.
Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$500 individual / \$1,500 family in-network providers; \$1,000 individual / \$3,000 family out-of-network providers.	Generally, you must pay all the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>In-network preventive services</u> or <u>emergency services</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without cost-sharing and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there deductibles for specific services?	Yes. \$200 individual / \$600 family for prescription drug. Applies to retail, mail and specialty. There are no other specific deductibles.	You must pay all the costs for these services up to the specific <u>deductible</u> amount before this <u>plan</u> begins to pay for these services.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For in-network providers \$5,000 individual / \$10,000 family; for out-of-network providers \$10,000 individual / \$20,000 family combined out-of-pocket limit for network medical and prescription drug.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. For a list of <u>in-network providers</u> , see capbluecross.com or call 1-800-962-2242.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limits, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$20 <u>copayment</u> /visit	35% coinsurance	None	
	Specialist visit	\$30 copayment/visit	35% <u>coinsurance</u>	None	
If you visit a health care provider's office or clinic	Preventive care/screening/ immunization	No charge	35% coinsurance	Deductible does not apply to services at innetwork providers. You may have to pay for services that aren't preventive. Ask your provider if the services you need are preventive. Then check what your plan will pay for.	
If you have a test	Diagnostic test (x-ray, blood work)	15% coinsurance for Facility Owned Labs, 15% coinsurance for Independent Clinical Labs and 15% coinsurance for tests. 15% coinsurance for outpatient radiology.	35% coinsurance	None	
	Imaging (CT/PET scans, MRIs)	15% <u>coinsurance</u>	35% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
If you need drugs to treat your illness or condition. More information about prescription drug coverage is	Generic drugs	\$10 copayment/prescription preferred and \$10 copayment/prescription non-preferred (retail) \$20 copayment/prescription preferred and \$20 copayment/prescription non-preferred (home delivery) \$35 copayment/prescription (retail) \$70 copayment/prescription (home delivery) \$55 copayment/prescription (retail) \$110 copayment/prescription (home delivery)		Covers up to 31-day supply (retail) 90-day supply (home delivery)	
	Preferred brand drugs				
	Non-preferred brand drugs				
available by calling 1-800-962-2242	Specialty drugs	\$70 copayment/prescription preferred and \$70 copayment/prescription non-preferred (generic) \$70 copayment/prescription preferred and \$70 copayment/prescription non-preferred (brand)		Prescription written for up to 30 days supply. (generic) (brand)	

^{*}For more information about preauthorization, see the requirements document at https://www.capbluecross.com/preauthorization.

Common		What You Will Pay		Limits, Exceptions, & Other Important Information	
Medical Event	Services You May Need	In-network Provider Out-of-network Provider			
		(You will pay the least)	(You will pay the most)		
	Facility fee (e.g., ambulatory surgery center)	15% <u>coinsurance</u> Acute Care Hospital and 15% <u>coinsurance</u> Ambulatory Surgical Center	35% <u>coinsurance</u>	No coverage for services at out-of-network ambulatory surgical facilities	
	Physician/surgeon fees	15% coinsurance	35% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
If you need	Emergency room care	\$200 copayment/service	\$200 <u>copayment</u> /service	Deductible does not apply. Copayment waived if admitted inpatient.	
immediate medical	Emergency medical transportation	15% coinsurance	15% coinsurance	None	
attention	<u>Urgent care</u>	\$50 <u>copayment</u> /service	35% coinsurance	<u>Deductible</u> does not apply for services at <u>in-network providers</u> .	
hospital stay	Facility fee (e.g., hospital room)	15% coinsurance	35% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
nospital stay	Physician/surgeon fees	15% <u>coinsurance</u>	35% coinsurance	None	
If you need mental health, behavioral health, or	Outpatient services	\$30 <u>copayment</u> /visit	35% coinsurance	None	
aubatanaa ahuaa	Inpatient services	15% coinsurance	35% coinsurance	None	
	Office visits	\$30 copayment/visit	35% coinsurance	Depending on the type of services, a	
If you are pregnant	Childbirth/delivery professional services	15% coinsurance	35% coinsurance	copayment, coinsurance, or deductible may	
	Childbirth/delivery facility services	15% <u>coinsurance</u>	35% coinsurance	apply.	
	Home health care	15% coinsurance	35% coinsurance	90 visit limit per benefit period. *See preauthorization schedule attached to your plan document.	
If you need help		\$30 copayment/visit	35% coinsurance	Speech 30 and occupational 30 visit limit.	
_		\$30 copayment/visit	35% coinsurance	· ·	
•	Skilled nursing care	15% <u>coinsurance</u>	35% <u>coinsurance</u>	100 day limit per benefit period.	
needs	Durable medical equipment	15% coinsurance	35% coinsurance	*See <u>preauthorization</u> schedule attached to your <u>plan</u> document.	
	Hospice services	15% <u>coinsurance</u>	35% coinsurance	None	

^{*}For more information about preauthorization, see the requirements document at https://www.capbluecross.com/preauthorization.

Common		What You Will Pay		Limits, Exceptions, & Other Important	
Medical Event	Services You May Need	In-network Provider (You will pay the least)	Out-of-network Provider (You will pay the most)	Information	
If your shild poods	Children's eye exam	Not covered	Not covered	None	
If your child needs dental or eye care	Children's glasses	Not covered	Not sovered	None	
	Children's dental check-up	Not covered	Not covered	None	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery (unless medically necessary)
- Cosmetic surgery
- Dental care

- Glasses
- Hearing aids
- Long-term care

- Routine eye care
- Routine foot care (unless medically necessary)
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Infertility treatment

- Non-emergency care when traveling outside the U.S.
- Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies Is: 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit pennie.com or call 1-844-844-8040.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information on how to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or Assistance, contact: Capital Blue Cross at 1-800-962-2242 or the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts <u>(deductibles, copayments)</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

The <u>plan's</u> overall <u>deductible</u>	\$500
Specialist copayment	\$30
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$ 12,700
---------------------------	-----------

In this example, Peg would pay:

ili tilis example, reg would pay.			
Cost Sharing			
\$500			
\$0			
\$1,800			
What isn't covered			
\$60			
\$2,360			

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$500
Specialist copayment	\$30
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$	5,600
---------------------------	----	-------

In this example, Joe would pay:

in this example, eee weara pay:		
Cost Sharing		
Deductibles*	\$700	
Copayments	\$1,100	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$1,820	

Mia's Simple Fracture (in-network emergency room visit and follow up care)

The plan's overall deductible	\$500
Specialist copayment	\$30
Hospital (facility) coinsurance	15%
Other coinsurance	15%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$	2,800
--------------------	----	-------

In this example, Mia would pay:

Cost Sharing	
\$500	
\$400	
\$60	
What isn't covered	
\$0	
\$960	

*Note: This plan has other deductibles for specific services included in this coverage example. See "Are there other deductibles for specific services?" row above.

Healthcare benefit programs issued or administered by Capital Blue Cross and/or its subsidiaries, Capital Advantage Insurance Company®, Capital Advantage Assurance Company® and Keystone Health Plan® Central. Independent licensees of the Blue Cross Blue Shield Association. Communications issued by Capital Blue Cross in its capacity as administrator of programs and provider relations for all companies.



NOTICE OF AVAILABILITY OF LANGUAGE ASSISTANCE SERVICES AND AUXILIARY AIDS AND SERVICES

We provide language assistance services and auxiliary aids free of charge by calling 800.962.2242 (TTY: 711).

Ofrecemos servicios de asistencia lingüística y ayuda auxiliar sin costo llamando al 800.962.2242 (TTY: 711).

请致电 800.962.2242 (TTY: 711)获取我们免费提供的语言协助服务和辅助工具。

我們免費提供語言協助服務與輔助工具,若有需要請致電 800.962.2242 (TTY:711).

Мы бесплатно предоставляем услуги языковой поддержки и вспомогательные средства по телефону 800.962.2242 (ТТҮ: 711).

Unter der Rufnummer 800.962.2242 (TTY: 711) stellen wir Ihnen kostenlose Sprachassistenzdienste und Hilfsmittel zur Verfügung.

Chúng tôi cung cấp dịch vụ hỗ trợ ngôn ngữ và các thiết bị hỗ trợ miễn phí thông qua số 800.962.2242 (TTY: 711).

نوفر خدمات المساعدة اللغوية والمساعدات الإضافية مجانًا عن طريق الاتصال بالرقم 800.962.2242 (TTT: TTY).

800.962.2242 (TTY: 711)번으로 전화하시면 무료로 언어 지원 서비스와 보조 지원 서비스를 제공해 드립니다.

Prestamos serviços linguísticos e de assistência auxiliar gratuitos ligando para o número 800.962.2242 (TTY: 711).

Nous fournissons des services d'assistance linguistique et des aides auxiliaires à titre gratuit au 800.962.2242 (TTY: 711).

Nou bay sèvis asistans pou lang ak èd siplemantè gratis; pou jwenn èd rele nan 800.962.2242 (TTY: 711).

Forniamo gratuitamente servizi di assistenza linguistica e supporti ausiliari chiamando il numero 800.962.2242 (TTY: 711).

અમે 800.962.2242 (TTY: 711) પર ક્રૉલ કરીને નિઃશુલ્ક ભાષા સહાય સેવાઓ અને સહાયક સહાય પ્રદાન કરીએ છીએ.

Zapewniamy bezpłatne usługi językowe i pomocnicze pod numerem telefonu 800.962.2242 (TTY: 711).

আমরা ভাষা সহায়তা পরিষেবা এবং সহায়ক উপকরণ বিনামূল্যে প্রদান করি। এর জন্য ৪০০.962.2242 (TTY: 711) নম্বরে কল করুন।

भाषा सहायता सेवाएं और सहायक उपकरण निःश्ल्क प्राप्त करने के लिए 800.962.2242 (TTY: 711) पर कॉल करें।

Capital Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association.