

Fitness Your Way

Access 10,000 gyms nationwide
for just \$29 a month!

With a Fitness Your Way membership, available through Blue365®, exercise where you want, when you want, with no annual commitment — for just \$29 a month!*

Visit any participating fitness center as often as you like, and never miss a workout when you travel. Just show your Fitness Your Way ID card to access any participating fitness location.

Fitness Your Way also offers online tools to help you track exercise and nutrition goals.

Enroll today to enjoy the benefits of a healthier you!

Visit blue365deals.com or call **888.242.2060**

fitness your way
by Tivity Health



Online tools to help track
exercise and nutrition goals!

Capital Blue Cross
Blue365

Capital 

*Requires a three-month commitment. Taxes may apply. Must be 18 years old to purchase a membership. This offer is brought to you exclusively through Capital Blue Cross and Blue365® and cannot be redeemed at a fitness facility. The information provided is meant for a general audience. Capital Blue Cross and its affiliated companies believe this health education resource provides useful information but do not assume liability associated with its use.

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