LAFAYETTE

RETIREE OPEN ENROLLMENT

2020
WELCOME
We are pleased to announce the start of the 2020 Open Enrollment period for retiree health care coverage.

FAQ
What You Need to Know during Open Enrollment 2020

Dates for Open Enrollment are November 18–29, 2019

Elections made during Open Enrollment will be effective on January 1, 2020, and will remain in effect through December 31, 2020.

Open Enrollment allows you to make changes to your medical or dental coverage without having to show a life status changes.

If you do not wish to make any changes to your medical or dental coverage, you do not need to take any action! Your current coverage will carry into 2020 if you do not make any changes.

If there are no changes for your Freedom Blue coverage for 2020, you will NOT receive a new insurance card. Pre-65 retirees with medical and/or dental coverage with Capital BlueCross will receive a new card in the mail.
Post-65 Retirees

The College is pleased to continue to offer the Highmark Freedom Blue PPO Plan for post-65 retirees, as well as the Premium Reimbursement Option. There are no changes to the plan design for 2020 and rates have decreased. For 2020, the College will continue to pay 90% for individual retirees, as it does for individual employees. The monthly contribution for individual retirees will be $23.50. For post-65 spouses/surviving spouses, the College will pay 70% of the premium in 2020, comparable to the support provided to the employee/spouse tier for active employees. The monthly contribution for post-65 spouses/surviving spouses will be $70.50. If you are not making any changes to your coverage, you do not need to complete any forms.

POST-65 MEDICAL PLAN OPTIONS

1. Highmark Blue Shield Freedom Blue PPO (Medicare Advantage Plan)
2. Health Insurance Premium Reimbursement Option

HIGHMARK BLUE SHIELD FREEDOM BLUE PPO

The Freedom Blue PPO plan is a Medicare Advantage plan for retirees who are 65 and older, or who are otherwise Medicare eligible. Because it is a PPO, you are not required to select a primary care physician. It allows for direct access to PPO network physicians without a referral. You may also choose to obtain services with medical providers “out-of-network.” Higher deductibles and coinsurance apply to out-of-network care.

For Post-65 retirees, we have included a summary of benefits for the Highmark Freedom Blue PPO plan below. There are no changes to the Freedom Blue PPO plan design for 2020.

Since the underlying plan is governed by Medicare, there are a few minor changes (mostly enhancements) to the coverage that have been made and required by the Government.

The changes are as follows:

1. The Medicare Preferred Value Network (MPVN) is new for 2020. For 2020, a preferred pharmacy has been added and if the drugs are purchased from the preferred pharmacy, there are lower copays. The new network will include 25,000 independent and chain pharmacies, as well as the Express Scripts (ESI) mail home delivery program. Highmark members will save money on Tier 1, 2, 3 and 4 formulary drugs when fulfilling prescriptions at a MPVN pharmacy or through ESI mail order.

2. Prescription Drug Plan coverage limits: If you were to reach the Medicare catastrophic limit for prescription expenses, there would be cost increase of $.20 or $.40 per script.

Please review the benefits summary carefully before making a decision.

HEALTH INSURANCE PREMIUM REIMBURSEMENT OPTION

Post-65 retirees newly electing to participate in the Premium Reimbursement option will need to notify the Office of Human Resources in order to cancel your current Lafayette insurance coverage and to receive a supply of reimbursement forms. The College will reimburse up to $211.50 per month for the retiree only; up to $164.50 per month for a spouse (partner); and up to $164.50 per month for a surviving spouse (partner), under the premium reimbursement arrangement. If you elect this option, you will need to purchase coverage on your own. Upon submitting evidence of this payment to the Office of Human Resources, you will receive reimbursement as detailed above.

Pre-65 Retirees

As you know, each year the College goes out to bid to identify the best healthcare coverage and networks at the lowest possible cost. We are pleased to let you know that we have negotiated coverage for the 2020 calendar year with Capital BlueCross for Active and Pre-65 coverage. Post 65 retiree coverage will remain with Highmark Blue Shield.

We are pleased that for 2020, we will continue to be able to offer the two types of medical plans currently in place: the Standard PPO and the Low Deductible PPO Plans. By maintaining these options, our members will continue to be able to select the health plan that best suits their own health care needs and the needs of their families. This year, as anticipated, each of the plans has plan design changes as explained in detail below. Neither of these plans have had any plan design changes over the past three years.

Under the health insurance plan with Capital BlueCross commencing on January 1, 2020, the College will continue to maintain the same premium contribution percentage to the Standard PPO Plan that it currently provides: 90% of the total PPO premium for an individual retiree; 70% for spouse or surviving spouse; and 67% of the combined premium for retiree and spouse.

Beginning January 1, 2020, there will be a premium rate increase of 4% to the Standard PPO plan for both the College...
and employee; therefore the College’s contribution to the Standard PPO plan will increase by 4%, and the employees’ contributions to that plan will increase by 4%. The College’s premium contribution for the Low Deductible plan is based on the amounts it contributes to the Standard PPO plan. Therefore, if you elect to enroll in the Low Deductible PPO Plan, the College will contribute to that plan the same “dollar amount” it contributes to the Standard PPO Plan, with the member paying the difference between that amount and the total premium for the Low Deductible PPO Plan. As detailed on page 7, the Low Deductible plan has experienced a premium increase.

**WHAT’S CHANGING WITH YOUR MEDICAL COVERAGE FOR 2020?**

Two years ago, the College augmented the health insurance coverage available under the Qualified High Deductible Plan (for Active employees) with additional coverage (a medical bridge plan) for reimbursement of certain hospitalization expenses. We are pleased to announce that for calendar year 2020, the College is EXTENDING bridge coverage with Colonial Life to those Pre-65 retirees who select either the Standard Plan or the Low Deductible Plan (see details below).

With respect to prescription drug coverage, your new Capital BlueCross member ID card will also serve as your prescription plan coverage through Capital BlueCross. It is important that you show your member ID the first time you visit a pharmacy in 2020.

The prescription drug plans through Capital BlueCross are managed by Prime Therapeutics and information on in-network retail pharmacies and covered drugs can be accessed at www.capbluecross.com. As a Capital BlueCross member, you have access to thousands of retail pharmacies across the country, including many well-known chains (such as CVS, Rite Aid, Target, and Wal-Mart), grocery stores, and independent pharmacies. For mail order, you will need to order new and/or refill your prescriptions through Alliance Rx Walgreens Prime, the provider for the home delivery program. You can set up your account through Alliance Rx Walgreens Prime at allianceroxwp.com/home-delivery, or by calling 1-855-924-8421.
MEDICAL PLAN CHOICES FOR 2020
The College will continue to offer a range of two medical plan options for 2020, consisting of a “Standard PPO” plan, and a “Low Deductible PPO” plan. Both plan designs are based on a Preferred Provider Organization (PPO) model. In a PPO, a member does not need to select a primary care physician, and does not need a referral to see a specialist. The following pages provide a summary of the plan options for 2020, as well as a side-by-side comparison of both medical plans.

Standard PPO Plan:
Plan Design Changes (in-network benefits): For 2020, the medical deductible will be $1,100 for an individual and $3,300 for a family. The medical copays will be $20 for a primary care visit, $35 for a specialist visit, and...
$200 for emergency room services (waived if admitted). The coinsurance for medical services will be 20%. There will be a combined out-of-pocket (OOP) max. Instead of a separate OOP for medical expenses and a separate OOP for prescription expenses, there will be one combined OOP maximum limit. This means that all medical and prescription expenses incurred by the retiree will apply to one calendar year OOP maximum limit.

**Prescription Drug Changes: The annual individual deductible will be $300 and the combined family deductible will be $900.** The generic copay will remain at $10. The preferred brand copay will be $40. The non-preferred brand copay will be $60. There will be a copay of $75 for specialty drugs (high cost medication therapy generally obtained from the specialty pharmacy and used for complex diseases).

For 2020, the Colonial Life benefit will provide a lump-sum reimbursement benefit ($1,000 once a year per covered member) for a covered hospital confinement, a lump sum benefit ($150 once a year per covered member) for a covered accident only emergency room visit, and a lump sum benefit ($50 once a year per covered member) to cover various health screenings.

**Low Deductible PPO Plan:**
A low deductible PPO plan offers richer benefits (lower out-of-pocket expenses) in exchange for increased monthly premiums. This plan could be attractive to a retiree who is willing to pay more in premiums in order to reduce/limit the retiree’s own out-of-pocket costs during the plan year.

**Plan Design Changes (in-network benefits):** For 2020, the medical deductible will be $500 for an Individual and $1,500 for a family. The medical copays will be $15 for a primary care visit, $25 for a specialist visit, and $200 for emergency room services (waived if admitted). The coinsurance for medical services will be 15%. There will be a combined out-of-pocket (OOP) max. Instead of a separate OOP for medical expenses and a separate OOP for prescription expenses, there will be one combined OOP maximum limit. This means that all medical and prescription expenses incurred by the retiree will apply to one calendar year OOP maximum limit.

**Prescription Drug Changes: The annual individual deductible will be $200.** The combined family deductible will be $600. The generic copay will remain at $10. The preferred brand copay will be $35, and the non-preferred brand copay will be $55. There will be a copay of $70 for specialty drugs (high cost medication therapy generally obtained from the specialty pharmacy and used for complex diseases).

For 2020, the Colonial Life benefit will provide a lump-sum reimbursement benefit ($1,000 once a year per covered member) for a covered hospital confinement, a lump sum benefit ($150 once a year per covered member) for a covered accident only emergency room visit, and a lump sum benefit ($50 once a year per covered member) to cover various health screenings.

### DENTAL PLAN COVERAGE CHART

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<thead>
<tr>
<th>DIAGNOSTIC AND PREVENTIVE</th>
<th>BASIC RESTORATIVE</th>
<th>MAJOR RESTORATIVE</th>
<th>ORTHODONTIA</th>
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<tr>
<td>Covered at 100% Routine Exams (one every six months) Cleanings (one every six months) X-rays Bitewings (one set of four every six months) Full mouth (one every three years) Fluoride Treatments (one every six months till age 19) Sealants (one tooth every three years; permanent first molars to age 10; permanent second molars to age 15) Palliative Emergency Treatment</td>
<td>Covered at 80% Basic Restorations Endodontics Denture Repairs Simple Extractions Anesthesia Specialist Consultations Non-Surgical Periodontics Oral Surgery</td>
<td>Covered at 50% Inlays Onlays Crowns (one per tooth in five years) Prosthetics (one per tooth in five years) Pontics Surgical Periodontics</td>
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For more information about BlueCross Dental Plus call 1-800-962-2242 or visit their web site: [www.capbluecross.com](http://www.capbluecross.com)
The health plans are fully insured PPO plans which utilize the local Capital BlueCross network of facilities and professional providers. If you are outside of the Capital BlueCross coverage area, you have access BlueCard participating providers. A listing of local and out-of-area in-network providers can be accessed online at www.capbluecross.com. You can search by the ‘PPO’ network option.

In addition, if you are traveling outside of the country, you can locate participating facilities and professional providers in over 200 countries by accessing BlueCross BlueShield Global Core at bcbsglobalcore.com.

Dental Plan

The Blue Cross Dental plan focuses on the importance of regular and preventive dental care. For calendar year 2020, the dental premiums will increase by 2.4% from the 2019 rates. The College is remaining with Blue Cross Dental (administered by Capital BlueCross) as its dental insurance carrier and there will be no plan design changes. We are pleased to announce that effective January 1, 2020, dependent children will be covered on this plan up to age 26, regardless of student status.

While the annual benefit remains at $1,000, the “rollover benefit” will continue into 2020. With this rollover feature, employees can rollover up to $500 of unused dental benefit from 2019 into 2020. The maximum annual benefit as a result of this rollover feature is $2,000.
Important Notice from Lafayette College About Your Prescription Drug Coverage and Medicare

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Lafayette College and about your options under Medicare’s prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare’s prescription drug coverage:

1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.

2. Lafayette College has determined that the prescription drug coverage offered by the Capital BlueCross and Highmark Blue Shield plans, is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

When Can You Join A Medicare Drug Plan?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

What Happens To Your Current Coverage If You Decide to Join A Medicare Drug Plan?

If you are an active employee and decide to join a Medicare drug plan, your current Lafayette College Coverage will not be affected. You may remain enrolled in the College medical plan if you elect part D and this plan could coordinate with Part D coverage. If you decide to join a Medicare drug plan and drop your current prescription drug coverage, please be aware that you will also have to drop your medical coverage. In addition, you and your dependents will not be able to get this coverage back until the next open enrollment period barring a qualifying event under Section 125.

If you are currently enrolled in the College’s retiree medical plan and become entitled to Medicare, your current coverage will end for you and your dependents.
When Will You Pay A Higher Premium (Penalty) To Join A Medicare Drug Plan?

You should also know that if you drop or lose your current coverage with Lafayette College and don’t join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

For More Information About This Notice Or Your Current Prescription Drug Coverage...

Contact the person listed below for further information. NOTE: You’ll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Lafayette College changes. You also may request a copy of this notice at any time.

For More Information About Your Options Under Medicare Prescription Drug Coverage...

More detailed information about Medicare plans that offer prescription drug coverage is in the “Medicare & You” handbook. You may also be contacted directly by Medicare drug plans.

For more information about Medicare prescription drug coverage:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the “Medicare & You” handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: 10/14/2019
Name of Entity/Sender: Lafayette College/Cristie Lazart
Contact--Position/Office: Office of Human Resources
Address: 730 High Street, 12 Markle Hall, Easton, PA 18042
Phone Number: (610) 330-5060
Healthways SilverSneakers® Fitness Program gives you options.

Work out when, where and how you want – at no extra cost. Check out all the ways to use this innovative program offered as one of your benefits from Highmark Health Services.

**Work out indoors**
- more than 11,000 fitness locations
- all basic amenities and SilverSneakers group exercise classes
- easy enrollment with your SilverSneakers ID card

**Go outside with FLEX**
- tai chi, yoga, walking groups and more
- at local parks, recreation centers and churches (in select states)
- class locator and enrollment at my.silversneakers.com

**Step it up wherever you are**
- SilverSneakers® Steps for at home or on the go
- designed for your lifestyle and fitness level
- choice of general fitness, strength, walking or yoga kit

**Get online support with PACT**
- online activity reporting
- personal support network for motivation
- no cost to sign up at my.silversneakers.com

To find fitness locations, request your SilverSneakers ID card, order a Steps kit or get additional details, visit silversneakers.com or call SilverSneakers Customer Service at 1-888-423-4632 (TTY: 711), Monday through Friday, 8 a.m. to 8 p.m. EST.
Welcome
The EPIC Hearing Service Plan is the nation’s first specialty care plan devoted to the vital sense of hearing. EPIC is dedicated to delivering the highest quality of care at the best value to our members.

Provider Network
The EPIC network is comprised of professional Audiologists and ENT physicians and represents the largest accredited network of its kind in the nation, with provider locations in all 50 states.

Hearing Aids
The EPIC Hearing Service Plan gives you access to all name brand hearing aid technology by the top tier hearing aid manufacturers at reduced prices, 30%-60% below MSRP; maximizing your value and savings. Note: the following top tier manufacturer brands are available through EPIC: Phonak, Unitron, Resound, Starkey, Hansaton, Signia, Oticon, and Widex.

How it Works
Contact an EPIC hearing counselor today. The hearing counselor can answer any questions you may have about the plan and coordinate your referral to a nearby participating provider. If the provider recommends you obtain hearing aids, an EPIC counselor will contact you to coordinate your coverage and payment. You will receive a 45 day trial period with a complimentary extended 3 year product warranty and one year supply of batteries*. 

*Excludes Entry Level Products

Call EPIC or register online to start the process to better hearing today.

1 866.956.5400
www.epichearing.com/registration

NVA IS NOW OFFERING A HEARING AID DISCOUNT PLAN. IT IS ABSOLUTELY FREE TO LAFAYETTE COLLEGE.
Retirees enrolled in dental coverage will receive new ID cards from Capital BlueCross. If both the medical and dental coverage are selected, the new ID card will serve as both the medical and dental card.

The plan provides members significant savings by receiving services from participating dental providers, and also allows members to receive services from non-participating providers of their choice with insurance reimbursements based on the contracted allowances.

The Blue Cross Dental plan provides coverage for the full range of dental care needs, such as routine preventive and diagnostic, basic and major restorative, and orthodontic services. The plan utilizes the national Blue Cross network of dental providers, as to which some are identified as preferred providers. You can locate a participating dentist at their website: www.capbluecross.com. When using the search feature, please remember to select either the BlueCross Dental PPO Network or the BlueCross Dental PPO Preferred Network when requesting the provider list.

When using a participating (in-network) dentist for diagnostic and preventive care, eligible services are covered at 100%. When you receive basic restorative, major restorative, or orthodontic services, you are responsible for the coinsurance amounts of 20%, 50%, and 50% respectively. If you use an out-of-network dentist, the plan pays the same set allowance for the particular dental service as it does for a participating dentist. You are responsible for the coinsurance amount plus the difference between the out-of-network dentist’s actual charges and the Blue Cross Dental established allowance.

There is no deductible applicable under this plan. Although the annual dental benefit amount per person, per plan year, is $1,000, the plan allows for a rollover benefit of up to $500 of unused dental benefit from one year to the next, for a maximum annual benefit of $2,000 per person. Under the Blue Cross Dental plan, services covered under the “preventive and diagnostic” category (100%) are not counted towards the annual $1,000 benefit amount. The lifetime maximum benefit amount for a child’s (up to age 19) orthodontic care is $1,000.

Important information for retirees hired after July 1, 1996

Those “qualified retirees” of Lafayette College, who were hired after June 30, 1996, and who have already attained age 65, are eligible to enroll in the retiree medical plan. The plan is the same plan as offered to the other qualified retirees hired prior to July 1, 1996, except that the College does not provide any subsidy (share of the cost) for you. Although this plan is offered under a group arrangement, you will have to pay the full premium for the coverage.

If you are interested in this medical plan option at this time, you must notify the Office of Human Resources of your intent. In addition, you are required to apply for Medicare Parts A and B coverage prior to notifying the College.

The College does not offer medical coverage to Pre-65 retirees hired after July 1, 1996.

Dental coverage is available to both Pre and Post 65 retirees hired after July 1, 1996 as the plan is not subsidized by the College.

Reminders

Please remember to notify our office of any permanent address changes to ensure proper delivery of future mailings.

Any retiree approaching age 65 should contact Social Security three months prior to turning age 65, in order to establish Medicare coverage. Also, please notify the Office of Human Resources after contacting Social Security.

If you have questions on the retiree health care coverage, please contact the Office of Human Resources at 610-330-5060.

Enrollment changes must be received in the Office of Human Resources by November 29, 2019.