American Diabetes Month
American Diabetes Association
800-DIABETES (342-2383)
Live Well, Work Well flyers:
- Diabetes: Type 1
- Diabetes: Type 2
- Pre-diabetes: Don’t Let it Lead to Type 2

Bladder Health Month
Urology Care Foundation
410-689-3700
www.urologyhealth.org/media-center/bladder-health-month

COPD Awareness Month
American Lung Association
800-548-8252
www.lung.org
Live Well, Work Well flyer:
- COPD: Chronic Obstructive Pulmonary Disease

Diabetic Eye Disease Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Vision Care: Diabetic Eye Disease
- Vision Care: Eye Exams

Lung Cancer Awareness Month
American Lung Association's National Office
800-548-8252
www.lung.org
Lung Cancer Alliance
202-463-2080
www.lungcanceralliance.org/

Live Well, Work Well flyers:
- Lung Cancer
- Smoking and Your Health
- Quit for Your Loved Ones

National Alzheimer's Disease Awareness Month
Alzheimer's Association
800-272-3900
www.alz.org
Live Well, Work Well flyers:
- Alzheimer's Disease

National Family Caregiver's Month
Caregiver Action Network
202-454-3970
www.caregiveraction.org/
Live Well, Work Well flyer:
- Family Matters: Caregiving

National Healthy Skin Month
American Academy of Dermatology
888-503-SKIN (503-7546)
www.aad.org
Live Well, Work Well flyers:
- Acne
- Psoriasis
- Public Health: Staph Infections
- Stress and Your Skin
- Skin Cancer: Are You Safe in the Sun?
- Tanning Beds

National Hospice and Palliative Care Month
National Hospice and Palliative Care Organization
800-646-6460
www.nhpc.org
Live Well, Work Well flyers:
- Caring for an Elderly Parent
- Family Matters: Making the Hospice Choice

National Stomach Cancer Awareness Month
No Stomach for Cancer, Inc.
608-692-5141
www.nostomachforcancer.org
Live Well, Work Well flyer:
- Surviving Cancer

Great American Smokeout – Nov. 16
American Cancer Society
800-ACS-2345 (227-2345)
www.cancer.org/healthy/stayawayfromtobacco/greatamerican-smokeout/index
Live Well, Work Well flyers:
- Smoking series
- Smoking and Your Health
- Quit for Your Loved Ones

International Survivors of Suicide Day – Nov. 19
American Foundation for Suicide Prevention
888-333-AFSP (2377)
www.afsp.org
Live Well, Work Well flyers:
- Mental Health series

Gastroesophageal Reflux Disease Awareness Week – Nov. 20-26
International Foundation for Functional Gastrointestinal Disorders
888-964-2001
www.aboutgerd.org/site/about-gerd/gerd-awareness-week
Live Well, Work Well flyer:
- GERD: Gastroesophageal Reflux Disease
National Family Health History Day – Nov. 24
U.S. Department of Health and Human Services, Office of the Secretary, Office of the Surgeon General
877-696-6775
www.hhs.gov/familyhistory