Cervical Health Awareness Month
National Cervical Cancer Coalition
800-685-5531
www.nccc-online.org/hpvcervical-cancer/cervical-health-awareness-month/
*Live Well, Work Well flyers:*
  - Women's Health: Cervical Cancer
  - Women's Health: Preventive Screenings – Part 2

National Birth Defects Prevention Month
National Birth Defects Prevention Network
www.nbdpn.org/national_birth_defects_prevent.php
*Live Well, Work Well flyers:*
  - Children's Health: Birth Defects
  - Children's Health: Spina Bifida
  - Fetal Alcohol Syndrome
  - Pregnancy: Prenatal Care

National Glaucoma Awareness Month
National Eye Institute Information Office
301-496-5248
http://aao.org/eyesmart
*Live Well, Work Well flyers:*
  - Vision Care: Glaucoma
  - Vision Care: Eye Exams
  - Vision Care: Diabetic Eye Disease
  - Vision Care: Cataracts

National Radon Action Month
U.S. Environmental Protection Agency
202-343-9051
www.epa.gov/radon
*Live Well, Work Well flyers:*
  - The Dangers of Radon
  - Lung Cancer
  - Public Health: Reducing Air Pollution

Thyroid Awareness Month
American Association of Clinical Endocrinologists
904-353-7878
www.thyroidawareness.com
*Live Well, Work Well flyer:*
  - Thyroid Health

National Winter Sports Traumatic Brain Injury (TBI) Awareness Month
The Johnny O Foundation
602-820-7655
www.thejohnnyo.org
*Live Well, Work Well flyer:*
  - Children’s Health: Sports Safety

Folic Acid Awareness Week – Jan. 7-13
National Birth Defects Prevention Network
202-618-4753
www.nbdpn.org/faaw.php
*Live Well, Work Well flyers:*
  - All About Anemia
  - Children’s Health: Spina Bifida
  - Fruits and Vegetables for Disease Prevention
  - Pregnancy: Prenatal Care

National Drug and Alcohol Facts Week – Jan. 22-28
National Institute on Drug Abuse
National Institutes of Health
301-443-1124
*Live Well, Work Well flyers:*
  - Drug Interactions
  - Curbing Medication Errors
  - Children’s Health: Prescription Drug Safety
AMD/Low Vision Awareness Month
National Eye Institute Information Office
301-496-5248
http://nei.nih.gov/nehep/lvam
Live Well, Work Well flyers:
- Children’s Health: Vision Care
- Vision Care series

American Heart Month
American Heart Association
800-242-8721
http://newsroom.heart.org/events/february-is-american-heart-month-5712350
Live Well, Work Well flyers:
- Cholesterol and Your Heart Health
- Daily Aspirin Therapy for Heart Health
- Heart Disease Risk Quiz
- Heart Health and the Elderly
- The Guide to Metabolic Syndrome
- The Heart and Mind Connection
- What are Your Numbers?

International Prenatal Infection Prevention Month
Group B Strep International
909-620-7214
www.groupbstre pinternational.org
Live Well, Work Well flyers:
- Pregnancy: Group B Strep
- Pregnancy: Prenatal Care

National Children’s Dental Health Month
American Dental Association
312-440-2500
Live Well, Work Well flyer:
- Children’s Health: Dental Hygiene

Teen Dating Violence Awareness Month
Break the Cycle
424-265-7346
www.t eendvmonth.org
Live Well, Work Well flyer:
- Domestic Abuse

African Heritage & Health Week – Feb. 1-7
Oldways
617-421-5500
https://oldwayspt.org/
Live Well, Work Well flyer:
- Children’s Health: Dental Hygiene

Go Red for Women – Feb. 2
American Heart Association
312-440-2500
Live Well, Work Well flyer:
- Children’s Health: Birth Defects

World Cancer Day – Feb. 4
Union for International Cancer Control
011-41-22-809-1811
www.worldcancer day.org/

The Strategic Leadership Council
678-538-8795
http://nationalblackaidsday.org
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

Congenital Heart Defect Awareness Week – Feb. 7-14
American Heart Association
800-242-8721
www.heart.org
Live Well, Work Well flyer:
- Children’s Health: Birth Defects

National Donor Day – Feb. 14
Division of Transplantation, Healthcare Systems Bureau
Health Resources and Services Administration
U.S. Department of Health and Human Services
888-275-4772
www.organdonor.gov
Live Well, Work Well flyers:
- Organ and Tissue Donation FAQs

National Eating Disorder Awareness Week – Feb. 25-March 3
Screening for Mental Health Inc.
781-239-0071
http://mentalhealthscreening.org/programs/initiatives
Live Well, Work Well flyers:
- Eating Disorders: Bulimia Nervosa
- Eating Disorders: Anorexia Nervosa

National Heart Valve Disease Awareness Day – Feb. 22
Alliance for Aging Research
202-293-2856
www.valvediseaseday.org/
Bleeding Disorders Awareness Month
National Hemophilia Foundation
212-328-3700
www.hemophilia.org/

National Cheerleader Safety Month
USA Cheer
888-899-8964
www.cheersafe.org/about/national-cheerleading-safety-month/

National Colorectal Cancer Awareness Month
Prevent Cancer Foundation
800-227-2732
www.preventcancer.org/
Live Well, Work Well flyers:
– Colorectal Cancer
– Getting a Colonoscopy
– Men’s Health: Preventive Screenings – Part 2

National Endometriosis Awareness Month
Endometriosis Association
414-355-2200
www.endometriosisassen.org
Live Well, Work Well flyers:
– Women’s Health: Endometriosis
– Trouble Conceiving?

National Nutrition Month
Academy of Nutrition and Dietetics
www.eatright.org/mnm
Live Well, Work Well flyers:
– Children’s Health series
– Eating Out Can Be Healthy
– Food Facts…and Fiction
– Food Labels: The Breakdown
– Grocery Store Best Buys for Cost and Nutrition
– Healthy Portion Sizes
– Trans Fat: The Worst Fat
– Saturated Fat: The Other Bad Fat
– Change Your Diet to Lower Your Cholesterol

Problem Gambling Awareness Month
National Council on Problem Gambling
800-522-4700
www.npgaw.org

Save Your Vision Month
American Optometric Association
800-365-2219, ext. 4200
www.aoa.org
Live Well, Work Well flyers:
– Children’s Health: Vision Care
– Sports Safety: Eye Protection
– Vision Care series

Trisomy Awareness Month
Support Organization for Trisomy 18, 13 & Related Disorders
800-716-SOFT (7638)
www.trisomy.org

Workplace Eye Wellness Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart

National Sleep Awareness Week – March 4-11
National Sleep Foundation
703-243-1697
www.sleepfoundation.org
Live Well, Work Well flyers:
– Get a Better Night’s Sleep
– Insomnia
– Sleep Disorders
– Sleep Apnea

National School Breakfast Week – March 5-9
School Nutrition Association
301-686-3100
www.schoolnutrition.org/nsbw
Live Well, Work Well flyer:
– The Importance of Breakfast
Employee posters:
– Eat Breakfast
– Make the Healthy Choice: For Breakfast

World Kidney Day – March 8
International Society of Nephrology
011-32-2-808-04-20
www.worldkidneyday.org
Live Well, Work Well flyers:
– Chronic Kidney Disease
– Kidney Stones
– Organ and Tissue Donation FAQs

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
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National Women and Girls HIV/AIDS Awareness Day – March 10
Office on Women’s Health
U.S. Department of Health and Human Services
202-690-7650
www.womenshealth.gov/nwghaad/
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

Patient Safety Awareness Week – March 11-17
National Patient Safety Foundation
617-391-9900
www.npsf.org/?page=awarenessweek
Live Well, Work Well flyers:
- Reduce Medical Mistakes
- Take Charge of Your Health Care

Brain Awareness Week – March 12-18
Dana Alliance for Brain Initiatives
212-401-1689
www.dana.org/brainweek
Live Well, Work Well flyers:
- Brain Awareness: Use It or Lose It
- Decrease Your Brain Age
- Memory and a Healthy Diet
- Stroke
- The Heart and Mind Connection

National Poison Prevention Week – March 18-24
American Association of Poison Control Centers
703-894-1858
www.poisonprevention.org/

National Youth Violence Prevention Week – March 19-23
National Association of SAVE
866-343-7283
http://nationalsave.org/nyvpw/

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
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National Distracted Driving Awareness Month
National Safety Council
800-621-7619
www.nsc.org/
Live Well, Work Well flyers:
- Cellphone Use Behind the Wheel
- Driver Safety: Distractions

Alcohol Awareness Month
National Council on Alcoholism and Drug Dependence Inc.
212-269-7797
www.ncadd.org
Live Well, Work Well flyers:
- Alcohol-related Illnesses
- Fetal Alcohol Syndrome
- Substance Abuse

Irritable Bowel Syndrome Awareness Month
International Foundation for Functional Gastrointestinal Disorders
414-964-1799
www.aboutibs.org/site/about-ibs/april-ibs-awareness-month
Live Well, Work Well flyer:
- IBS: Irritable Bowel Syndrome

National Autism Awareness Month
The Autism Society
800-328-8476
www.autism-society.org/
Live Well, Work Well flyer:
- Children's Health: Autism

National Child Abuse Prevention Month
Child Welfare Information Gateway
Children’s Bureau
800-394-3366
www.childwelfare.gov/topics/preventing/preventionmonth/
Live Well, Work Well flyers:
- Domestic Abuse

National Donate Life Month
Division of Transplantation, Healthcare Systems Bureau
U.S. Department of Health and Human Services
888-275-4772
www.organdonor.gov
Live Well, Work Well flyers:
- Blood Donation
- Organ and Tissue Donation FAQs

National Facial Protection Month
American Association of Oral and Maxillofacial Surgeons
American Academy of Pediatric Dentistry
American Association of Orthodontists
847-678-6200
www.aaoms.org
Live Well, Work Well flyers:
- Children's Health: Sports Safety
- Sports Safety: Eye Protection

National Interprofessional Health Care Month
National Academies of Practice
859-514-9184
www.nappractice.org/Advocacy/National-Interprofessional-Health-Care-Month
Live Well, Work Well flyers:
- Children’s Health: Sports Safety
- Sports Safety: Eye Protection

National Minority Health Month
Office of Minority Health
800-444-6472
www.minorityhealth.hhs.gov
Live Well, Work Well flyers:
- BMI: Body Mass Index
- Heart Disease
- Pre-diabetes: Don’t Let it Lead to Type 2
- What are Your Numbers?

Occupational Therapy Month
American Occupational Therapy Association
301-652-6611
www.aota.org/

Oral Cancer Awareness Month
The Oral Cancer Foundation
The Bruce Paltrow Foundation
949-723-4400
www.oralcancer.org/
Live Well, Work Well flyers:
- Oral Cancer
- Dental Care: Oral Hygiene
- Dental Care: Oral Health and Wellness

Sexual Assault Awareness and Prevention Month
Rape, Abuse & Incest National Network (RAINN)
800-656-4673
www.rainn.org
Live Well, Work Well flyers:
- Sexual Assault
- Sexual Harassment in the Workplace

Sexual Assault Awareness Month of Action
National Sexual Violence Resource Center
877-739-3895
www.nsvrc.org/
Live Well, Work Well flyers:
- Sexual Assault
- Sexual Harassment in the Workplace

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC. Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
Sexually Transmitted Infection (STI) Awareness Month
American Sexual Health Association
919-361-8400
www.ashastd.org

Sports Eye Safety Awareness Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyer:
- Sports Safety: Eye Protection

Testicular Cancer Awareness Month
Men's Health Network
202-543-6461, ext. 101
www.TesticularCancerAwarenessMonth.com

Women's Eye Health & Safety Month
Prevent Blindness
800-331-2020
www.preventblindness.org/

National Public Health Week – Healthiest Nation 2030:
Changing Our Future Together – April 2-8
American Public Health Association
202-777-2742
www.nphw.org
Live Well, Work Well flyers:
- Children’s Health series
- Public Health series

Sexual Assault Awareness Day of Action – April 3
National Sexual Violence Resource Center
877-739-3895
www.nsvrc.org/saam/current-campaign/day-of-action
Live Well, Work Well flyers:
- Sexual Assault
- Sexual Harassment in the Workplace

National Alcohol Screening Day – April 5
Screening for Mental Health Inc.
781-239-0071
www.mentalhealthscreening.org/programs/initiatives
Live Well, Work Well flyer:
- Alcohol-related Illness

World Health Day – April 7
World Health Organization
011-41-22-791-21-11
www.who.int/world-health-day/en/
Live Well, Work Well flyers:
- Children’s Health series
- Public Health series

National Youth HIV and AIDS Awareness Day – April 10
Advocates for Youth
202-419-3420
www.youthaidsday.org/
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

RAINN Day – April 15
Rape, Abuse & Incest National Network (RAINN)
800-656-4673
www.rainn.org/rainnday
Live Well, Work Well flyers:
- Sexual Assault
- Sexual Harassment in the Workplace

National Infant Immunization Week – April 21-28
National Center for Immunization and Respiratory Diseases
Centers for Disease Control and Prevention
800-232-4636
www.cdc.gov/vaccines/events/niiw/index.html
Live Well, Work Well flyers:
- Child Vaccinations series
Charts:
- Immunization Schedule for Children 0-6 Years
- CDC Immunization Catch-up Schedule for Children 0-18 Years

World Meningitis Day – April 24
Confederation of Meningitis Organizations
011-44-333-405-6264
www.comomeningitis.org

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC. Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
National Prescription Drug Take Back Day – April 28
Drug Enforcement Agency Diversion Control Division
202-307-7977
www.takebackday.dea.gov

Air Quality Awareness Week – April 30-May 4
National Oceanic and Atmospheric Administration National
Weather Service
Analyze, Forecast and Support Office
301-427-9356
www3.epa.gov/airnow/airaware/
Arthritis Awareness Month
Arthritis Foundation
800-283-7800
www.arthritis.org
Live Well, Work Well flyers:
- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis

Better Hearing and Speech Month
American Speech-Language-Hearing Association
800-498-8255
www.asha.org/bhsm
Live Well, Work Well flyers:
- Hearing Loss
- Aphasia

Food Allergy Action Month
Food Allergy Research & Education
800-929-4040
www.foodallergy.org/life-with-food-allergies
Live Well, Work Well flyers:
- Children’s Health: Allergies
- Allergies: The Basics

Global Employee Health and Fitness Month
National Association for Health and Fitness
518-465-1058
www.healthandfitnessmonth.com
Live Well, Work Well flyers:
- Wide variety of flyers on nutrition, fitness, smoking cessation and other topics
Workplace Wellness series

Global Youth Traffic Safety Month
National Organizations for Youth Safety
571-367-7171
https://noys.org/

Arthritis Awareness Month
Arthritis Foundation
800-283-7800
www.arthritis.org
Live Well, Work Well flyer:
- Driver Safety: Distractions

Healthy Vision Month
National Eye Institute Information Office
301-496-5248
http://nei.nih.gov/hvm
Live Well, Work Well flyers:
- Vision Care series

Hepatitis Awareness Month
Division of Viral Hepatitis, Centers for Disease Control and Prevention
800-232-4636
www.cdc.gov/hepatitis/hepawarenessabcs.htm
Live Well, Work Well flyers:
- Child Vaccinations: Hepatitis B
- Hepatitis Overview: Comparing Types A, B and C

International Mediterranean Diet Month
Oldways and the Mediterranean Foods Alliance
617-421-5500
http://oldwayspt.org/
Live Well, Work Well flyer:
- Popular Diet Trends

Mental Health Month
Mental Health America

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
National Teen Pregnancy Prevention Month
HHS Office of Adolescent Health
240-453-2846

Preeclampsia Awareness Month
Preeclampsia Foundation
800-665-9341
www.preeclampsia.org
Live Well, Work Well flyer:
- Pregnancy: Prenatal Care

Ultraviolet Awareness Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Children’s Health: UV Protection
- Vision Care: UV Protection

National Physical Education & Sport Week – May 1-7
SHAPE America
703-476-3461
www.shapeamerica.org/events/pesportweek/

Children’s Mental Health Awareness Week – May 2-8
National Federation of Families for Children’s Mental Health
240-403-1901
http://ffcmh.org/copy-of-events
Live Well, Work Well flyers:
- Mental Health series

Hand Hygiene Day – May 5
World Health Organization
011-41-22-791-21-11
www.who.int/gpsc/5may/en/

Live Well, Work Well flyer:
- Hand Hygiene: Stay Healthy

National Neuropathy Awareness Week – May 6-12
The Foundation for Peripheral Neuropathy
847-883-9942
www.foundationforpn.org/

North American Occupational Safety and Health Week – May 6-12
American Society of Safety Engineers
847-699-2929
www.asse.org/newsroom/naosh/what-is-naosh-week/
Live Well, Work Well flyers:
- Manage Fatigue During Work
- Workplace Eye Safety
- Workplace Fire Evacuations
- Workplace Stress

Walk and Bike to School Day – May. 9
National Center for Safe Routes to School
866-610-7787
www.walkbiketoschool.org

Cornelia de Lange Syndrome Awareness Day – May 12
CdLS Foundation
800-753-2357
www.cdlsusa.org

National Alcohol- and Other Drug-related Birth Defects Awareness Week – May 13-19
National Council on Alcoholism and Drug Dependence Inc.
212-269-7797
www.ncadd.org
Live Well, Work Well flyers:
- Children’s Health: Birth Defects
- Fetal Alcohol Syndrome

National Women’s Health Week – May 13-19
Office on Women’s Health
U.S. Department of Health and Human Services
202-690-7650
www.womenshealth.gov/nwhw
Live Well, Work Well flyer:
- Women’s Health series

National Stuttering Awareness Week – May 14-20
National Stuttering Association
800-937-8888

HIV Vaccine Awareness Day – May 18
U.S. Department of Health and Human Services
800-448-0440
www.aids.gov/news-and-events/awareness-days/hiv-vaccine-awareness-day/
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

National Asian and Pacific Islander HIV/AIDS Awareness Day – May 19
The Banyan Tree Project
Asian & Pacific Islander Wellness Center
415-292-3420, ext. 352
www.banyantreeproject.org
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

National Hurricane Preparedness Week – May 20-26
National Oceanic and Atmospheric Administration National Weather Service
Analyze, Forecast and Support Office
301-427-9000
National Senior Health & Fitness Day – May 31
Mature Market Resource Center
800-828-8225
www.fitnessday.com/
Live Well, Work Well flyers:
- Heart Health and the Elderly
- Staying Healthy for Life

World No Tobacco Day – May 31
WHO Prevention for Noncommunicable Diseases
Noncommunicable Diseases and Mental Health
011-41-21-791-4426
www.who.int/tobacco/wntd/en
Live Well, Work Well flyers:
- The Dangers of Smokeless Tobacco
- Lung Cancer
- Smoking: Think About Quitting

Heat Safety Awareness Day – May 25
National Oceanic and Atmospheric Administration National Weather Service
Analyze, Forecast and Support Office
301-427-9356
www.weather.gov/om/heat/index.shtml
Live Well, Work Well flyers:
- Surviving the Summer Heat
- Fitness First: Avoiding Dehydration

Don’t Fry Day – May 26
National Council on Skin Cancer Prevention
301-801-4422
www.skincancerprevention.org/programs/dont-fry-day
Live Well, Work Well flyer:
- Skin Cancer: Are You Safe in the Sun?
JUNE
NATIONAL HEALTH OBSERVANCES 2018

Fireworks Safety Month – June 1-July 4
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyer:
– Firework Safety

Alzheimer’s & Brain Awareness Month
Alzheimer’s Association
312-335-8700
www.alz.org/abam
Live Well, Work Well flyers:
– Alzheimer’s Disease
– Brain Awareness: Use It or Lose It

Cataract Awareness Month
Prevent Blindness
800-331-2020
www.preventblindness.org/cataract
Live Well, Work Well flyer:
– Vision Care series

Men’s Health Month
Men’s Health Network
202-543-6461, ext. 101
www.menshealthmonth.org
Live Well, Work Well flyers:
– Men’s Health series

Myasthenia Gravis Awareness Month
Myasthenia Gravis Foundation of America Inc.
800-541-5454
www.myasthenia.org/
Live Well, Work Well flyer:
– Myasthenia Gravis

National Aphasia Awareness Month
National Aphasia Association
800-922-4622
www.aphalgia.org
Live Well, Work Well flyers:
– Stroke
– Aphasia

National Congenital Cytomegalovirus Awareness Month
National CMV Foundation
813-207-0017
www.nationalcmv.org/

National Safety Month
National Safety Council
800-621-7615
www.nsc.org/act/events/Pages/national-safety-month.aspx
Live Well, Work Well flyers:
– Fire Safety and Prevention
– Driver Safety: Distractions
– Children’s Safety series
– Winter Safety series

National Scleroderma Awareness Month
Scleroderma Foundation
800-722-4673
www.scleroderma.org/site/PageServer?pagename=awareness_month

National Lightning Safety Awareness Week – June 18-22
National Oceanic and Atmospheric Administration
Office of Climate, Water and Weather Services
301-427-9798
www.weather.gov/iln/lightningsafetyweek

World Sickle Cell Day – June 19
African American Blood Drive and Bone Marrow Registry for Sickle Cell Disease Awareness
323-750-1087
www.worldsicklecellday.webs.com
Live Well, Work Well flyer:
– Sickle Cell Disease

National HIV Testing Day – June 27
Office of HIV/AIDS and Infectious Disease Policy
800-448-0440
www.hiv.gov/events/awareness-days/hiv-testing-day

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC. Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
Cord Blood Awareness Month
301-774-4915
www.parentsguidecordblood.org

International Group B Strep Awareness Month
Group B Strep International
909-620-7214
www.groupbstrepinternational.org
Live Well, Work Well flyers:
- Pregnancy: Group B Strep
- Pregnancy: Prenatal Care

Juvenile Arthritis Awareness Month
Arthritis Foundation
800-283-7800
www.arthritis.org/arthritis-facts/disease-center/juvenile-arthritis.php
Live Well, Work Well flyer:
- Autoimmune Disease: Rheumatoid Arthritis

National Cleft & Craniofacial Awareness & Prevention Month
AmeriFace
888-486-1209
www.ameriface.org/nccapm.html
Live Well, Work Well flyer:
- Children’s Health: Birth Defects

World Hepatitis Day – July 28
World Hepatitis Alliance
011-44-20-7378-0159
www.worldhepatitisday.info/
Live Well, Work Well flyers:
- Hepatitis Overview: Comparing Types A, B and C
- Child Vaccinations: Hepatitis B
Children’s Eye Health and Safety Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Children’s Health: Sports Safety
- Children’s Health: UV Protection
- Children’s Health: Vision Care
- Sports Safety: Eye Protection

Digestive Tract Paralysis Awareness Month
Gastroparesis Patient Association for Cures and Treatments Inc.
888-874-7228
www.gastroparesisawarenessmonth.org

Gastroparesis Awareness Month
International Foundation for Functional Gastrointestinal Disorders
414-964-1799
http://aboutgastroparesis.org/

National Breastfeeding Month
The United States Breastfeeding Committee
773-359-1549
www.usbreastfeeding.org
Live Well, Work Well flyers:
- Breast-feeding
- Pregnancy: Reduce Your Child’s Risk for Obesity

National Immunization Awareness Month
National Center for Immunization and Respiratory Diseases
Centers for Disease Control and Prevention
800-232-4636
www.cdc.gov/vaccines/events/niam.html
Live Well, Work Well flyers:
- Public Health: Adult Vaccinations
- Children’s Health: Vaccinations
Charts:
- Immunization Schedule for Adults
- Immunization Schedule for Children 0-6 Years
- CDC Immunization Catch-up Schedule for Children 0-18 Years
- Immunization Schedule for Children 7-18 Years

Psoriasis Awareness Month
National Psoriasis Foundation
800-723-9166
www.psoriasis.org
Live Well, Work Well flyers:
- Psoriasis
- Stress and Your Skin

World Breastfeeding Week – Aug. 1-7
World Alliance for Breastfeeding Action
847-519-7730
www.worldbreastfeedingweek.org
Live Well, Work Well flyers:
- Breast-feeding
- Pregnancy: Reduce Your Child’s Risk for Obesity

National Health Center Week – Aug. 13-19
National Association of Community Health Centers
202-296-3800
www.healthcenterweek.org/home-2018/
Live Well, Work Well flyers:
- Children’s Health series
- Public Health series

Fungal Disease Awareness Week – Aug. 13-17
Centers for Disease Control and Prevention
www.cdc.gov/fungal/awareness-week.html

Contact Lens Health Week – Aug. 20-24
Centers for Disease Control and Prevention
800-232-4636
www.cdc.gov/contactlenses/contact-lens-health-week.html
Childhood Cancer Awareness Month
American Childhood Cancer Organization National Office
855-858-2226
www.acco.org/childhood-cancer-awareness-month
Live Well, Work Well flyers:
- Cancer: Learning the Facts
- Fight Cancer with Food
- Surviving Cancer

Fruit & Veggies—More Matters Month
Produce for Better Health Foundation
813-929-4994
www.fruitsandveggiesmorematters.org/September+is+Fruits+%26+Veggies—More+Matters+Month
Live Well, Work Well flyers:
- Eat Well, Live Well
- Fruits and Vegetables series

Healthy Aging Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Staying Healthy for Life
- Heart Health and the Elderly

National Atrial Fibrillation Awareness Month
American Foundation for Women’s Health
940-466-9898
www.stopafib.org/

National Childhood Obesity Awareness Month
American College of Sports Medicine
317-637-9200
www.acsm.org/about-acsm/initiatives/coam
Live Well, Work Well flyers:
- Children’s Health: Obesity
- Obesity: Epidemic Proportions
- Workplace Wellness article:
- Fighting Childhood Obesity

National Food Safety Education Month
Partnership for Food Safety Education
202-220-0651
www.fightbac.org
Live Well, Work Well flyer:
- Food Safety

National ITP Awareness Month
Platelet Disorder Support Association
877-528-3538
www.pdsa.org/

National Pediculosis Prevention Month/Head Lice Prevention Month
National Pediculosis Association Inc.
617-905-0176
www.headlice.org
Live Well, Work Well flyer:
- Children’s Health: Head Lice

National Preparedness Month
Ready Campaign
Federal Emergency Management Agency, Department of Homeland Security
800-237-3239
www.ready.gov/september
Live Well, Work Well flyers:
- Tornado Safety Precautions
- Prepare for a Quake Before It Hits
- Are You Prepared for an Emergency?
- Flood Safety Precautions

National Recovery Month
Substance Abuse and Mental Health Services Administration
877-726-4727
www.recoverymonth.gov
Live Well, Work Well flyer:
- Substance Abuse
Know Your Benefits article:
- Substance Abuse and Your Employee Assistance Program

National Sickle Cell Month
NHLBI Center for Health Information
301-592-8573
www.nhlbi.nih.gov/health/educational/sickle-cell-awareness
Live Well, Work Well flyer:
- Sickle Cell Disease

National Traumatic Brain Injury Awareness Month
The Johnny O Foundation
602-820-7655
www.thejohnnyno.org
Live Well, Work Well flyer:
- Children’s Health: Sports Safety

National Yoga Awareness Month
Yoga Health Foundation
310-928-6638
www.yogamonth.org
Live Well, Work Well flyer:
- The Health Benefits of Yoga

Newborn Screening Awareness Month
Save Babies Through Screening Foundation Inc.
888-454-3383
www.savebabies.org
Know Your Benefits article:
- Health Care Reform: Preventive Care Coverage for Children
Ovarian Cancer Awareness Month
National Ovarian Cancer Coalition
888-682-7426
www.ovarian.org/
Live Well, Work Well flyer:
- Women’s Health: Ovarian Cancer

Pain Awareness Month
American Chronic Pain Association
800-533-3231
www.theacpa.org/September-is-Pain-Awareness-Month
Live Well, Work Well flyers:
- Men’s Health: Prostate Cancer
- Men’s Health: Preventive Screenings – Part 2

Prostate Cancer Awareness Month
ZERO - The End of Prostate Cancer
888-245-9455
www.zerocancer.org
Live Well, Work Well flyers:
- Men’s Health: Prostate Cancer
- Men’s Health: Preventive Screenings – Part 2

Sepsis Awareness Month
Sepsis Alliance
619-232-0300
www.sepsis.org/

Sexual Health Awareness Month
American Sexual Health Association
919-361-8400
www.ashastd.org/

Whole Grains Month
Whole Grains Council
617-421-5500
http://wholegrainscouncil.org/get-involved/celebrate-whole-grains-month-september
Live Well, Work Well flyers:
- Eat Well, Live Well
- Food Density and Your Diet Employee poster:
- Benefits of Whole Grains

World Alzheimer’s Month
Alzheimer’s Disease International
011-44-207-981-0880
www.alz.co.uk/wam
Live Well, Work Well flyer:
- Alzheimer’s Disease

National Suicide Prevention Week – Sept. 9-15
American Association of Suicidology
202-237-2280
www.suicidology.org/
Live Well, Work Well flyer:
- Mental Health: Suicide

World Suicide Prevention Day – Sept. 10
International Association for Suicide Prevention
www.iasp.info/wspd/index.php
Live Well, Work Well flyer:
- Mental Health: Suicide

National Celiac Disease Awareness Day – Sept. 13
National Celiac Association
617-262-5422
www.nationalceliac.org
Live Well, Work Well flyer:
- Celiac Disease

National Farm Safety & Health Week – Sept. 16-22
National Education Center for Agricultural Safety
888-844-6322
www.necasag.org/nationalfarm safet y and healthweek
Live Well, Work Well flyers:
- Eating Organic
- Support Your Local Farmer

Get Ready Day – Sept. 18
American Public Health Association
202-777-2742
www.getreadyforflu.org/getreadyday/index.htm
Live Well, Work Well flyers:
- Influenza: Facts About the Flu
- Tornado Safety Precautions
- Fire Safety and Prevention
- Hurricane Preparation at Home
- Flood Safety Precautions

National HIV/AIDS and Aging Awareness Day – Sept. 18
The AIDS Institute
202-835-8373
www.nhaad.org
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

National School Backpack Awareness Day – Sept. 19
American Occupational Therapy Association
301-652-6611
Live Well, Work Well flyer:
- Backpack Safety for those Hefty Loads

Falls Prevention Awareness Day – Sept. 22
National Council on Aging
571-527-3900
www.ncoa.org/fpad

Malnutrition Awareness Week – Sept. 24-28
American Society for Parenteral and Enteral Nutrition
610-649-7994

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.
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September
NATIONAL HEALTH OBSERVANCES 2018

www.nutritioncare.org/maw/
Live Well, Work Well flyer:
- Eat Well, Live Well
- Cholesterol and Your Heart Health
- The Heart and Mind Connection
- Heart Disease
- Heart Health and the Elderly

Family Health & Fitness Day USA – Sept. 24
Health Information Resource Center
800-626-6772
www.nrpa.org/familyfitness
Live Well, Work Well flyers:
- Children’s Health: Exercise
- Family Health: Assessment and Action Plan
- Fitness First series

National Women’s Health & Fitness Day – Sept. 26
Health Information Resource Center
847-816-8660
www.fitnessday.com
Live Well, Work Well flyers:
- Fitness First series
- Women’s Health series

Sport Purple for Platelets Day – Sept. 28
Platelet Disorder Support Association
877-528-3538
www.pdsa.org

World Rabies Day – Sept. 28
Global Alliance for Rabies Control
https://rabiesalliance.org/
Live Well, Work Well flyer:
- Emergency Precautions for Your Pet

World Heart Day – Sept. 29
World Heart Federation
011-41-22-807-03-20
www.worldheartday.org
Live Well, Work Well flyers:
Domestic Violence Awareness Month
National Coalition Against Domestic Violence
303-839-1852
www.ncadv.org/
Live Well, Work Well flyer:
- Domestic Abuse

Eye Injury Prevention Month
American Academy of Ophthalmology
415-561-8534
www.aao.org/eyesmart
Live Well, Work Well flyers:
- Sports Safety: Eye Protection
- Workplace Eye Safety

Health Literacy Month
Health Literacy Consulting
562-690-4001
www.healthliteracymonth.org
Live Well, Work Well flyers:
- Your Health Plan series
- Take Charge of Your Health Care
Know Your Benefits flyers:
- Be a Wise Health Care Consumer series
- Resources to Compare Health Care Costs

Home Eye Safety Month
Prevent Blindness
800-331-2020
www.preventblindness.org/eye-safety-home
Live Well, Work Well flyers:
- Sports Safety: Eye Protection
- Vision Care series
- Children’s Health: Vision Care

International Walk to School Month
National Center for Safe Routes to School
866-610-7787
www.iwalktoschool.org/

National Breast Cancer Awareness Month
American Cancer Society
800-227-2345
www.cancer.org/cancer/breast-cancer.html
Live Well, Work Well flyers:
- Take Charge of Breast Health
- Women’s Health: Breast Cancer
- Women’s Health: Mammograms

National Bullying Prevention Month
PACER Center Inc.
888-248-0822
www.pacer.org/bullying/nbpm

National Dental Hygiene Month
American Dental Hygienists’ Association
312-440-8900
www.adha.org/national-dental-hygiene-month

National Down Syndrome Awareness Month
National Down Syndrome Society
800-221-4602
www.ndss.org

National Medical Librarians Month
Medical Library Association
312-419-9094, ext. 11
www.mlanet.org/

National Physical Therapy Month
American Physical Therapy Association
800-999-2782
www.apta.org/nptm/
Live Well, Work Well flyers:
- Physical Therapy for Good Health
- The Health Benefits of Massage

Sudden Cardiac Arrest Awareness Month
Heart Rhythm Society
202-464-3400
www.stopcardiacarrest.org

Sudden Infant Death Syndrome (SIDS) Awareness Month
Eunice Kennedy Shriver National Institute of Child Health and Human Development
800-505-2742
www.nichd.nih.gov/sts/Pages/default.aspx
Live Well, Work Well flyers:
- SIDS: Sudden Infant Death Syndrome
- Children’s Health: Safe Sleeping

National Primary Care Week – Oct. 1-5
American Medical Student Association
703-620-6600
www.amsa.org/eventsnpcw/
Live Well, Work Well flyers:
- Visiting a Medical Specialist
- Doctor Appointments
- Talking to Your Doctor
- Following the Doctor’s Orders

Mental Illness Awareness Week – Oct. 7-13
National Alliance on Mental Illness
800-950-6264
www.nami.org
Live Well, Work Well flyers:
- Mental Health series
- Selecting a Mental Health Professional

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC. Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
October 2018 National Health Observances

**National Depression Screening Day – Oct. 11**
Screening for Mental Health Inc.
781-239-0071
[http://mentalhealthscreening.org/programs/initiatives](http://mentalhealthscreening.org/programs/initiatives)
Live Well, Work Well flyer:
- Mental Health: Depression

**Bone and Joint Health Action Week – Oct. 12-20**
United States Bone and Joint Initiative, NFP
847-430-5053
[www.usbji.org](http://www.usbji.org)
Live Well, Work Well flyers:
- Autoimmune Disease: Rheumatoid Arthritis
- Osteoarthritis
- Osteoporosis
- Sprains and Strains

**Metastatic Breast Cancer Awareness Day – Oct. 13**
Metastatic Breast Cancer Network
888-500-0370
[www.mbcn.org/](http://www.mbcn.org/)
Live Well, Work Well flyers:
- Women’s Health: Breast Cancer
- Take Charge of Breast Health
- Women’s Health: Mammograms

**International Infection Prevention Week – Oct. 14-20**
Association for Professionals in Infection Control and Epidemiology
202-789-1890
[http://professionals.site.apic.org/](http://professionals.site.apic.org/)

**National Latino AIDS Awareness Day – Oct. 15**
Latino Commission on AIDS
212-675-3288
[www.nlaad.org](http://www.nlaad.org)
Live Well, Work Well flyer:
- Public Health: HIV/AIDS

**National Health Education Week – Oct. 15-19**
Society for Public Health Education
202-408-9804
[www.sophe.org/](http://www.sophe.org/)
Live Well, Work Well flyers:
- Public Health series

**World Food Day – Oct. 16**
Food and Agriculture Organizations of the United Nations
202-653-2458

**World Pediatric Bone and Joint Day – Oct. 19**
United States Bone and Joint Initiative, NFP
847-430-5053
[www.usbji.org](http://www.usbji.org)

**National Healthcare Quality Week – Oct. 21-27**
National Association for Healthcare Quality
847-375-4720
[www.nahq.org/](http://www.nahq.org/)
Live Well, Work Well flyers:
- Children’s Health: Inhalant Abuse
- Children’s Health: Prescription Drug Safety
- Substance Abuse

**Red Ribbon Week – Oct. 23-31**
National Family Partnership at Informed Families Education Center
800-705-8997
[www.redribbon.org/](http://www.redribbon.org/)
Live Well, Work Well flyers:
- Children’s Health: Inhalant Abuse
- Children’s Health: Prescription Drug Safety
- Substance Abuse

**World Psoriasis Day – Oct. 29**
National Psoriasis Foundation
800-723-9166
[www.psoriasis.org](http://www.psoriasis.org)
Live Well, Work Well flyers:
- Psoriasis
- Stress and Your Skin

**National Check Your Meds Day – Oct. 21**
Consumer Reports
914-378-2559
[http://CRBestBuyDrugs.org](http://CRBestBuyDrugs.org)

**International Stuttering Awareness Day – Oct. 22**
Stuttering Foundation of America
800-992-9392
[www.stutteringhelp.org](http://www.stutteringhelp.org)

**Respiratory Care Week – Oct. 21-27**
American Association for Respiratory Care
972-243-2272
Live Well, Work Well flyers:
- Asthma: Managing Your Condition
- Children’s Health: Asthma
- Allergies: Seasonal Relief

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC. Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.

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American Diabetes Month
American Diabetes Association
800-342-2383
Live Well, Work Well flyers:
- Diabetes: Type 1
- Diabetes: Type 2
- Prediabetes: Don’t Let it Lead to Type 2

Bladder Health Month
Urology Care Foundation
410-689-3700
www.urologyhealth.org/media-center/bladder-health-month

COPD Awareness Month
American Lung Association
800-548-8252
www.lung.org
Live Well, Work Well flyer:
- COPD: Chronic Obstructive Pulmonary Disease

Diabetic Eye Disease Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Vision Care: Diabetic Eye Disease
- Vision Care: Eye Exams

Lung Cancer Awareness Month
American Lung Association’s National Office
800-548-8252
www.lung.org
Live Well, Work Well flyers:
- Lung Cancer
- Smoking and Your Health

Stomach Cancer Awareness Month
No Stomach For Cancer Inc.
608-692-5141
www.nostomachforcancer.org/get-involved/stomach-cancer-awareness-month
Live Well, Work Well flyer:
- Surviving Cancer

U.S. Antibiotic Awareness Week – Nov. 13-19
Centers for Disease Control and Prevention
800-232-4636
www.cdc.gov/antibiotic-use/week/index.html

Great American Smokeout – Nov. 16
American Cancer Society
800-227-2345
www.cancer.org/healthy/stayawayfromtobacco/greatamericansmokeout/index
Live Well, Work Well flyers:
- Smoking series
- Smoking and Your Health
- Quit for Your Loved Ones

International Survivors of Suicide Loss Day – Nov. 17
American Foundation for Suicide Prevention
888-333-2377
http://afsp.org/find-support/ive-lost-someone/survivor-day
Live Well, Work Well flyer:
- Mental Health series

International Hospice and Palliative Care Month
National Hospice and Palliative Care Organization
800-646-6460
www.nhpco.org/hospice-month
Live Well, Work Well flyers:
- Caring for an Elderly Parent
- Family Matters: Making the Hospice Choice

National Hospice and Palliative Care Month
National Hospice and Palliative Care Organization
800-646-6460
www.nhpco.org/hospice-month
Live Well, Work Well flyers:
- Caring for an Elderly Parent
- Family Matters: Making the Hospice Choice

Gastroesophageal Reflux Disease Awareness Week – Nov. 20-26
International Foundation for Functional Gastrointestinal Disorders
414-964-1799
www.aboutgerd.org/
Live Well, Work Well flyer:
  - GERD: Gastroesophageal Reflux Disease

**National Family Health History Day – Nov. 22**
U.S. Department of Health and Human Services
Office of the Secretary
Office of the Surgeon General
877-696-6775
www.hhs.gov/familyhistory
Safe Toys and Celebrations Month
American Academy of Ophthalmology
415-561-8534
http://aao.org/eyesmart
Live Well, Work Well flyers:
- Children’s Health: Toy Safety
- Holiday Stress: Sticking to Your Budget

World AIDS Day – Dec. 1
World AIDS Campaign
011-020-7814-6767
www.worldaidsday.org/
Live Well, Work Well flyers:
- Public Health: HIV/AIDS
- World AIDS Day

National Handwashing Awareness Week – Dec. 2-8
Henry the Hand
513-769-4263
www.henrythehand.org/

National Influenza Vaccination Week – Dec. 2-8
National Center for Immunization and Respiratory Diseases
800-232-4636
www.cdc.gov/flu/nivw/
Live Well, Work Well flyers:
- Seasonal Flu Vaccine Myths
- Children’s Health: Influenza
JANUARY
- Cervical Health Awareness Month
- National Birth Defects Prevention Month
- National Glaucoma Awareness Month
- National Radon Action Month
- National Winter Sports TBI Awareness Month
- Thyroid Awareness Month
- Folic Acid Awareness Week (Jan. 7-13)
- National Drug and Alcohol Facts Week (Jan. 22-28)

FEBRUARY
- AMD/Low Vision Awareness Month
- American Heart Month
- International Prenatal Infection Prevention Month
- National Children’s Dental Health Month
- Teen Dating Violence Awareness Month
- African Heritage & Health Week (Feb. 1-7)
- Give Kids a Smile Day (Feb. 2)
- Go Red for Women (Feb. 2)
- World Cancer Day (Feb. 4)
- Congenital Heart Defect Awareness Week (Feb. 7-14)
- National Black HIV/AIDS Awareness Day (Feb. 7)
- National Donor Day (Feb. 14)
- National Heart Valve Disease Awareness Day (Feb. 22)
- National Eating Disorder Screening Program (Feb. 25-March 3)

MARCH
- Bleeding Disorders Awareness Month
- National Cheerleader Safety Month
- National Colorectal Cancer Awareness Month
- National Endometriosis Awareness Month
- National Kidney Month
- National Nutrition Month
- Problem Gambling Awareness Month
- Save Your Vision Month
- Trisomy Awareness Month
- Workplace Eye Wellness Month
- National Sleep Awareness Week (March 4-11)
- National School Breakfast Week (March 5-9)
- World Kidney Day (March 8)
- National Women and Girls HIV/AIDS Awareness Day (March 10)
- Patient Safety Awareness Week (March 11-17)
- Brain Awareness Week (March 12-18)
- National Poison Prevention Week (March 18-24)
- National Youth Violence Prevention Week (March 19-23)
- National Native American HIV/AIDS Awareness Day (March 20)
- World Tuberculosis Day (March 24)
- American Diabetes Alert Day (March 27)

APRIL
- Alcohol Awareness Month
- Irritable Bowel Syndrome Awareness Month
- National Autism Awareness Month
- National Child Abuse Prevention Month
- National Distracted Driving Awareness Month
- National Donate Life Month
- National Facial Protection Month
- National Interprofessional Health Care Month
- National Minority Health Month
- Occupational Therapy Month
- Oral Cancer Awareness Month
- Sexual Assault Awareness and Prevention Month
- Sexual Assault Awareness Month of Action
- Sports Eye Safety Awareness Month
- Sexually Transmitted Infection (STI) Awareness Month
- Testicular Cancer Awareness Month
- Women’s Eye Health and Safety Month
- Sexual Assault Awareness Day of Action (April 3)
- National Alcohol Screening Day (April 5)
- World Health Day (April 7)
- National Youth HIV and AIDS Awareness Day (April 10)
- RAINN Day (April 15)
- National Infant Immunization Week (April 21-28)
- National Infertility Awareness Week (April 22-28)
- World Immunization Week (April 23-29)
- Every Kid Healthy Week (April 23-27)
- World Meningitis Day (April 24)
- National Prescription Drug Take Back Day (April 28)
- Air Quality Awareness Week (April 30-May 4)

MAY
- Arthritis Awareness Month
- Better Hearing and Speech Month
- Food Allergy Action Month
- Global Employee Health and Fitness Month
- Global Youth Traffic Safety Month
- Healthy Vision Month
- Hepatitis Awareness Month
- International Mediterranean Diet Month
- Melanoma/Skin Cancer Detection and Prevention Month
- Mental Health Month
- National Asthma and Allergy Awareness Month
- National Osteoporosis Month
- National Physical Fitness and Sports Month
- National Stroke Awareness Month
- National Teen Pregnancy Prevention Month
- Preeclampsia Awareness Month
- Ultraviolet Awareness Month
- National Physical Education & Sport Week (May 1-7)
- Children’s Mental Health Awareness Week (May 2-8)
- Hand Hygiene Day (May 5)
- National Neuropathy Awareness Week (May 6-12)
- North American Occupational Safety and Health Week (May 6-12)
- Walk and Bike to School Day (May 9)
- Cornelia de Lange Syndrome Awareness Day (May 12)
- National Alcohol- and Other Drug-related Birth Defects Week (May 13-19)
- National Women’s Health Week (May 13-19)

Source: 2018 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC.

Please note: Only the most popular observances are listed. There may be more observances in a given month. Educational materials given as examples are not intended to be exhaustive.
- National Stuttering Awareness Week (May 14-20)
- National Hurricane Preparedness Week (May 15-21)
- HIV Vaccine Awareness Day (May 18)
- National Asian and Pacific Islander HIV/AIDS Awareness Day (May 19)
- National Hurricane Preparedness Week (May 20-26)
- World Autoimmune/Autoinflammatory Arthritis Day (May 20)
- Healthy and Safe Swimming Week (May 21-25)
- Heat Safety Awareness Day (May 25)
- Don’t Fry Day (May 26)
- National Senior Health & Fitness Day (May 31)
- World No Tobacco Day (May 31)

JUNE
- Fireworks Safety Month (June 1-July 4)
- Alzheimer’s & Brain Awareness Month
- Cataract Awareness Month
- Men’s Health Month
- Myasthenia Gravis Awareness Month
- National Aphasia Awareness Month
- National Congenital Cytomegalovirus Awareness Month
- National Safety Month
- National Scleroderma Awareness Month
- National Rip Current Awareness Week (June 3-9)
- National Cancer Survivors Day (June 3)
- Men’s Health Week (June 11-17)
- National Lightning Safety Awareness Week (June 18-22)
- World Sickle Cell Day (June 19)
- National HIV Testing Day (June 27)

JULY
- Cord Blood Awareness Month
- International Group B Strep Awareness Month
- Juvenile Arthritis Awareness Month
- National Cleft & Craniofacial Awareness and Prevention Month
- World Hepatitis Day (July 28)

AUGUST
- Children’s Eye Health and Safety Month
- Digestive Tract Paralysis Awareness Month
- Gastroparesis Awareness Month
- National Breastfeeding Month
- National Immunization Awareness Month
- Psoriasis Awareness Month
- World Breastfeeding Week (Aug. 1-7)
- National Health Center Week (Aug. 13-19)
- Fungal Disease Awareness Week (Aug. 13-17)
- Contact Lens Health Week (Aug. 20-24)

SEPTEMBER
- Childhood Cancer Awareness Month
- Fruit & Veggies—More Matters Month
- Healthy Aging Month
- National Atrial Fibrillation Awareness Month
- National Childhood Obesity Awareness Month
- National Food Safety Education Month
- National ITP Awareness Month
- Pediatric Otitis Media Awareness Month
- National Pediculosis Prevention Month/Head Lice Prevention Month
- National Preparedness Month
- National Recovery Month
- National Sickle Cell Month
- National Traumatic Brain Injury Awareness Month
- National Yoga Awareness Month
- Newborn Screening Awareness Month
- Ovarian Cancer Awareness Month
- Pain Awareness Month
- Prostate Cancer Awareness Month
- Sepsis Awareness Month
- Sexual Health Awareness Month
- Whole Grains Month
- World Alzheimer’s Month
- National Suicide Prevention Week (Sept. 9-15)
- World Suicide Prevention Day (Sept. 10)

OCTOBER
- Domestic Violence Awareness Month
- Eye Injury Prevention Month
- Health Literacy Month
- Home Eye Safety Month
- International Walk to School Month
- National Breast Cancer Awareness Month
- National Bullying Prevention Month
- National Dental Hygiene Month
- National Down Syndrome Awareness Month
- National Medical Librarians Month
- National Physical Therapy Month
- Sudden Cardiac Arrest Awareness Month
- Sudden Infant Death Syndrome (SIDS) Awareness Month
- National Primary Care Week (Oct. 1-5)
- Mental Illness Awareness Week (Oct. 7-13)
- National Depression Screening Day (Oct. 11)
- Bone and Joint Health Action Week (Oct. 12-20)
- Metastatic Breast Cancer Awareness Day (Oct. 13)
- International Infection Prevention Week (Oct. 14-20)
- National Latino AIDS Awareness Day (Oct. 18)
- National School Backpack Awareness Day (Oct. 19)
- National Health Education Week (Oct. 21-27)
- World Food Day (Oct. 24)
- National Healthcare Quality Week (Oct. 27)
- Respiratory Care Week (Oct. 21-27)
- National Check Your Meds Day (Oct. 21)
- International Stuttering Awareness Day (Oct. 22)
- Red Ribbon Week (Oct. 23-31)
- World Psoriasis Day (Oct. 29)

**NOVEMBER**
- American Diabetes Month
- Bladder Health Month
- COPD Awareness Month
- Diabetic Eye Disease Month
- Lung Cancer Awareness Month
- National Alzheimer’s Disease Awareness Month
- National Family Caregivers Month
- National Healthy Skin Month
- National Hospice and Palliative Care Month
- Stomach Cancer Awareness Month
- U.S. Antibiotic Awareness Week (Nov. 13-19)
- Great American Smokeout (Nov. 16)
- International Survivors of Suicide Loss Day (Nov. 17)
- Gastroesophageal Reflux Disease Awareness Week (Nov. 20-26)
- National Family Health History Day (Nov. 22)

**DECEMBER**
- Safe Toys and Celebrations Month
- World AIDS Day (Dec. 1)
- National Handwashing Awareness Week (Dec. 2-8)
- National Influenza Vaccination Week (Dec. 2-8)